

YWCA El Paso del Norte Region Pledge of Respect and Non-Violence

I am committed to spreading awareness of and ending domestic violence, sexual harassment, sexual assault, rape, and abuse in my community. To do this, I must first commit myself to the values of respect for all and to behaving non-violently in all aspects of my life.

Therefore, I pledge to uphold the following tenets:

- I will not commit acts of verbal, physical, or sexual violence
- I will not tolerate violence or disrespect by remaining silent
- I will model non-violence and respect to the children in my life
- I will respect every human being I come in contact with respect, including women, disabled individuals, transgender individuals, children, all members of the LGBTQ + community, and people of all races and ethnicities
- I will take personal actions, small or large, to ensure safety in my home and community

- I will educate myself on resources for survivors of violence, trauma, and abuse so that I may provide them to others when needed
- I will support community and societal efforts to end violence
- I will continuously examine my beliefs, values, language, and behaviors to identify and eliminate any that are abusive, violent, or oppressive
- I will engage others in conversations that promote respect for others.
- I will honor the voices of women, children, and others who have survived violence
- If I feel I am at risk of violating one of these tenets, I will seek support from my community and others committed to non-violence and respect
- In my actions, behaviors, and beliefs, I will uphold YWCA's mission of eliminating racism, empowering women, and promoting peace, justice, freedom and dignity for all